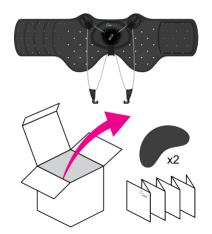
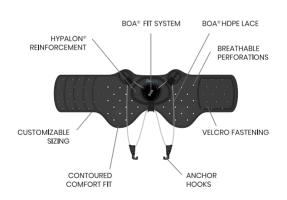


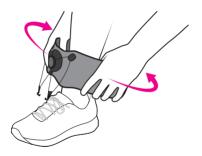
# WHAT'S IN THE BOX



## PARTS OF THE BRACE

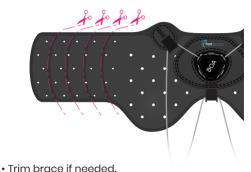


## **ORIENT THE BRACE**



- Place the BOA® center to your foot or shoe.
- · Wrap brace around ankle.

## TRIM THE BRACE



(note: make sure not to cut sewn areas)

## SECURE VELCRO



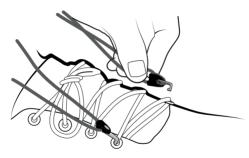
- Place the BOA® center to your foot or shoe again.
- Wrap brace tightly around ankle.
- Place the left side first against your leg, then follow with right to secure velcro.

## RELEASE BOA®



 $\bullet$  Pull the face of the  $\mathsf{BOA}^\circledast$  away from you.

## **ATTACH LACE**



- Hold on to the hooks and pull them towards the front of the shoe.
- Place the hooks into the desired eyelets.

## WIND THE BOA®



Care: To avoid premature wear to the BOA\*, clean with damp rag after exposure to dirt/grit.

- Push the face of the BOA® inward until it clicks.
- Wind the BOA® clockwise until the lace is tight and you have the lift and angle desired.

(It can be helpful to bend your shin toward your toes while adjusting the tension)

### **ADJUST AS NEEDED**

Wear with socks for additional comfort or if you are concerned about skin sensitivity to hook and loop material



- If you feel pressure anywhere, make adjustments in the fit and height position of the brace around your ankle.
- If needed, use included pads to increase comfort.

Visit our website to see instructional videos, including how to punch new eyelets.

www.footscientific.com

Consult your doctor concerning your condition and the use of this device.

#### **FootScientific**

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